

# Marshall Area YMCA Family Fun Pool Schedule

Effective June 7, 2010 - August 13, 2010

**All children 6 years old & under must be within arms length of an adult at all times.**

**Lifeguard breaks occur for the last 10 minutes of every hour during Open Swim**

**The Aquatic Center will be closed August 23-29, 2010 for annual cleaning**

|          | Monday                              | Tuesday                             | Wednesday                           | Thursday                            | Friday                              | Saturday                    | Sunday                      |                             |        |                             |  |  |  |  |
|----------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-----------------------------|-----------------------------|-----------------------------|--------|-----------------------------|--|--|--|--|
| 6:00 AM  | Closed                              | Closed                              | Closed                              | Closed                              | Closed                              |                             |                             |                             |        |                             |  |  |  |  |
| 6:30 AM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 7:00 AM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 7:30 AM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 8:00 AM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 8:30 AM  | Swim Lessons<br>8:30am to<br>1:00pm | Swim Lessons<br>8:30am to<br>1:00pm | Swim Lessons<br>8:30am to<br>1:00pm | Swim Lessons<br>8:30am to<br>1:00pm | Swim Lessons<br>8:30am to<br>1:00pm |                             |                             | Closed                      | Closed |                             |  |  |  |  |
| 9:00 AM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 9:30 AM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 10:00 AM |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 10:30 AM |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 11:00 AM |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 11:30 AM |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 12:00 PM |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 12:30 PM |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 1:00 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 1:30 PM  | Open<br>Swim<br>1:00-4:15pm         | Open<br>Swim<br>1:00-8:00pm         | Open<br>Swim<br>1:00-4:15pm         | Open<br>Swim<br>1:00-8:00pm         | Open<br>Swim<br>1:00-8:00pm         | Open<br>Swim<br>1:00-6:00pm | Open<br>Swim<br>1:00-8:00pm |                             |        |                             |  |  |  |  |
| 2:00 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 2:30 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 3:00 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 3:30 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 4:00 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 4:30 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             | Swim Lessons<br>4:15-8:00pm |        | Swim Lessons<br>4:15-8:00pm |  |  |  |  |
| 5:00 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 5:30 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 6:00 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 6:30 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 7:00 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 7:30 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 8:00 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 8:30 PM  | Closed                              | Closed                              | Closed                              | Closed                              | Closed                              |                             | Closed                      |                             |        |                             |  |  |  |  |
| 9:00 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |
| 9:30 PM  |                                     |                                     |                                     |                                     |                                     |                             |                             |                             |        |                             |  |  |  |  |

# Marshall Area YMCA Lap Pool Schedule

Effective June 7, 2010 - August 13, 2010

**Lifeguard breaks occur for the last 10 minutes of every hour during Open Swim**

**During Swim lessons there will always be 1 lap lane open for lap swim**

**The Aquatic Center will be closed August 23-29, 2010 for annual cleaning**

|          | Monday  | Tuesday           | Wednesday      | Thursday          | Friday        | Saturday                     | Sunday                      |
|----------|---|-------------------|----------------|-------------------|---------------|------------------------------|-----------------------------|
| 6:00 AM  | Aquatic Center Opens at 6:00 am Monday - Friday |                   |                |                   |               | Closed                       | Closed                      |
| 6:30 AM  | Adult Lap                                       | Adult Lap         | Adult Lap      | Adult Lap         | Adult Lap     |                              |                             |
| 7:00 AM  | Swim  | Swim              | Swim           | Swim              | Swim          | Adult Lap<br>Swim<br>7am-1pm |                             |
| 7:30 AM  | 6:00-8:30am                                     | 6:00-8:30am       | 6:00-8:30am    | 6:00-8:30am       | 6:00-8:30am   |                              |                             |
| 8:00 AM  |   |                   |                |                   |               |                              |                             |
| 8:30 AM  | Shallow Water                                   | Shallow Water     | Shallow Water  | Shallow Water     | Shallow Water | Open<br>Swim<br>1:00-6:00pm  | Open<br>Swim<br>1:00-8:00pm |
| 9:00 AM  | Aerobics  | Aerobics          | Aerobics       | Aerobics          | Aerobics      |                              |                             |
| 9:30 AM  | 8:30-9:30am                                     | 8:30-9:30am       | 8:30-9:30am    | 8:30-9:30am       | 8:30-9:30am   |                              |                             |
| 10:00 AM | Swim  | Swim              | Swim           | Swim              | Swim          |                              |                             |
| 10:30 AM | Lessons   | Lessons           | Lessons        | Lessons           | Lessons       |                              |                             |
| 11:00 AM | 9:00am-1:00pm                                   | 9:00am-1:00pm     | 9:00am-1:00pm  | 9:00am-1:00pm     | 9:00am-1:00pm |                              |                             |
| 11:30 AM | GS Swim Team                                    |                   | GS Swim Team   |                   |               |                              |                             |
| 12:00 PM | 11:30-1:00pm                                    |                   | 11:30-1:00pm   |                   |               |                              |                             |
| 12:30 PM |   |                   |                |                   |               |                              |                             |
| 1:00 PM  |   | Open Swim         |                | Open Swim         |               |                              |                             |
| 1:30 PM  |   | 1:00-4:15pm       |                | 1:00-4:15pm       |               |                              |                             |
| 2:00 PM  | Open  |                   | Open           |                   |               |                              |                             |
| 2:30 PM  | Swim  |                   | Swim           |                   |               |                              |                             |
| 3:00 PM  | 1:00-4:15pm                                     |                   | 1:00-4:15pm    |                   |               |                              |                             |
| 3:30 PM  |   |                   |                |                   |               |                              |                             |
| 4:00 PM  |   |                   |                |                   | Open Swim     |                              |                             |
| 4:30 PM  | Swim Lessons                                    | Spirit,Mind, Body | Swim Lessons   | Spirit,Mind, Body | 1:00-8:00pm   |                              |                             |
| 5:00 PM  | 4:15-6:15pm                                     | 4:15-5:00pm       | 4:15-6:15pm    | 4:15-5:00pm       |               |                              |                             |
| 5:30 PM  |   | Shallow Water     |                | Shallow Water     |               |                              |                             |
| 6:00 PM  | Yoga Afloat                                     | 5:15-6:15pm       | Yoga Afloat    | 5:15-6:15pm       |               |                              |                             |
| 6:30 PM  | 5:15pm  |                   | 5:15pm         |                   |               |                              |                             |
| 7:00 PM  | Open Swim                                       |                   |                | Open Swim         | CLOSED        |                              |                             |
| 7:30 PM  | 6:15-8:00pm                                     | Open Swim         | Open Swim      | 6:15-8:00pm       |               |                              |                             |
| 8:00 PM  | Deep Water                                      | 6:15-8:00pm       | 6:15-8:00pm    | Deep Water        |               |                              |                             |
| 8:30 PM  | 8:00-9:00pm                                     |                   |                | 8:00-9:00pm       |               |                              |                             |
| 9:00 PM  | Adult Lap Swim                                  | Adult Lap Swim    | Adult Lap Swim | Adult Lap Swim    | CLOSED        | CLOSED                       |                             |
| 9:30 PM  | 8:00-9:30pm                                     | 8:00-9:30pm       | 8:00-9:30pm    | 8:00-9:30pm       |               |                              |                             |

**Lap Swim:**

There will always be 1 lap lane open for lap swim at all times

Monday-Thursday 6:00am-9:30pm

Friday 6:00am-9:00pm

Saturday 7:00am-6:00pm and Sunday 12:00-8:00pm